



FREMANTLE WOMEN'S
HEALTH CENTRE

Annual Report 2018 - 2019





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ACKNOWLEDGEMENT

We acknowledge the traditional owners of the Country on which we live and work, the Whadjuk people of the Noongar Nation, and pay our respects to the Elders past, present and emerging.



Chairperson's report

Dr Jennie Gray

Despite having had a year of unprecedented level of changes in leadership at Fremantle Women's Health Centre (FWHC), high quality services have continued to be provided by the team. During this past year Pippa Worthington and Tracey Ford have vacated the Chairpersons position, both for personal reasons, and Winnie Lai and Chelsea McKinney became Treasurer and Deputy Chair respectively. We farewelled Adele Tan from the Executive Director role and welcomed Peta Wootton into the revised Chief Executive Officer position. Our long time bookkeeper, Doreen Wilkinson, also retired.

On behalf of the Board, I would like to extend our deepest thanks to the staff for their commitment to providing responsive women-centred care with integrity and compassion. We are grateful to Clinical Manager Dawn Needham in particular, who stepped in during transitions in leadership, supporting staff to deliver programs and activities. The Board members themselves also need a round of applause for their steadfast goal and contributions to the governance needed to ensure better health outcomes for women using our services. Together, the Board and staff bring a diversity of skills, experiences and wisdom, and our collective total easily exceeds the sum of our individual efforts.

On a more sobering note, and in the face of our and other women's health services work, the circumstances and health status for women has not significantly improved on many measures. The **2019 Women's Report Card** tells us that in the last ten years, the proportion of women with anxiety, depression and stress-related problems in Western Australia increased by at least 20 percent, and that this was especially apparent amongst young women who are more likely to be anxious than ever before. The rates of women and children killed in WA as the result of family and domestic violence are higher than they have ever been and WA, sadly, has highest incidence of sexual assaults against women too.

We know that health cannot be separated from socio-economic factors. Women continue to face gender-related inequalities and discriminations that obstruct their/our opportunities to participate fully in the economy and community life more generally. Some groups of women continue to be disproportionately impacted by this disadvantage. Aboriginal and Torres Strait Islander women, older women, women on spousal visas without permanent Australian residency, to name a few.

Although girls and young women have advanced compared to their male counterparts in education, this has not translated into improvements in the workforce. Underemployment for women in WA has now reached an all-time peak. Women continue to be poorly represented at leadership levels, including in our sector. The median superannuation of women in WA is almost half the superannuation balance of men and WA's gender pay gap is the worst in Australia. This means women are much more likely to be living in poverty than men. And this adversely affects health.

At Fremantle Women's Health Centre we will continue to contribute to addressing social and economic inequities and promoting respectful and safe communities – through access to great and inclusive health care services, collaborating with relevant stakeholders, researching to understand where need is growing or not being met, and progressing ways to incorporate the voice and insights of service users.

In line with our strategic plan and vision, which aligns to the Sustainable Health Review, and under the assured leadership that Peta brings, we are ready for the chances and challenges ahead, to create the best and sustained outcomes for local women, so that they can lead the lives they want to lead.





CEO Introduction

Peta Wootton



I am pleased to introduce the *2019 Annual Report - Fremantle Women's Health Centre*.

The Report includes:

- client experiences throughout the report, including the cover art, client introduction and comments;
- from the origin of the Fremantle Women's Health Centre to now, a timeline celebrating 35 years of diverse service offerings;
- overview of our strategy and approach;
- a description of the last twelve months of services in perinatal and infant mental health, wellbeing services and primary health care;
- governance, funding and supporter acknowledgements;
- concise audited financial statement which confirm appropriate and effective governance and financial processes are in place.

Highlights from the twelve months include:

- **Parenting support:** we actively work with Child Health Centres to engage women with perinatal and infant mental health issues in counselling and group work with an emphasis on building peer networks and social connection.
- **Outreach counselling:** we prioritise outreach counselling for women experiencing Family and Domestic Violence and/or perinatal anxiety and depression through a partnership with City of Cockburn's Coolbellup Hub.
- **Support for carers:** we recognise the health impact for women who are carers and provide social and emotional wellbeing sessions for City of Cockburn "My Time" Aboriginal carers group and host Carers WA counselling on-site at Fremantle.

- **Reproductive and sexual health services:** we provide non-judgemental clinical services across life stages and sensitive to diversity, body autonomy and cultural diversity.
- **Engaging community:** our comprehensive services are enhanced by a volunteer support network across the south metropolitan region. Volunteers assist in our Centre-based work and make a material difference with client communities.

I thank our compassionate, experienced and dedicated staff who provide front line services: Medical Practitioners Jane, Diane and Jenny; Manager Clinical Services Dawn; Clinical Nurses Fran, Anna and Sandie; Senior Counsellors Sian, Sally and Lisbeth; Reception Ali and Mandie; Administration Assistant Jessie; and Creche Coordinators Theresa and Kiera.

My gratitude also to the Board of Management who provide the safe governance structure for us to sustain our work in community. Particular mention to outgoing Board Members Tracey Ford and Pippa Worthington and current Office Holders Jennie Gray, Chelsea McKinney, Melissa Edward and Winnie Hadad.

FWHC staff and Board are very grateful for the volunteers who regularly contribute time and energy to enrich our work and build our community capacity.

I would like to gratefully acknowledge the ongoing funding support from the WA Department of Health (Women and Newborn Health Service) and the Mental Health Commission.

Peta Wootton.



Client Introduction

Jessie

My name is Jessie and with my two small children we have come to know Fremantle Women's Health Centre well over the last year.

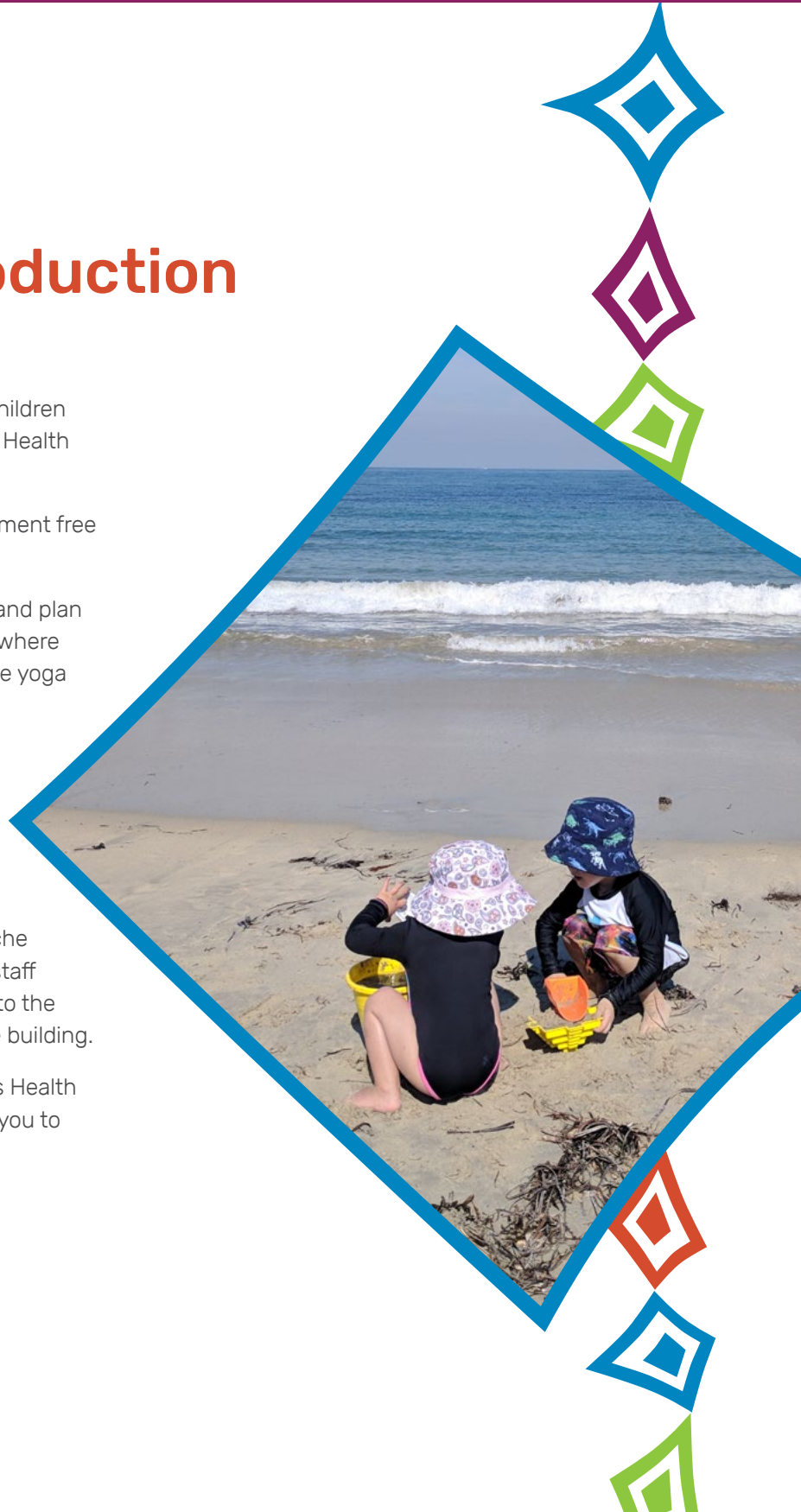
For me it has always been a safe and judgement free space.

I have been able to talk through past hurts and plan for the future, have physical health checks where I feel in control and exercise mindfully in free yoga classes.

I love the support that comes from being with other women in Time Out for Mums group and how we worked together on how to be the best parents we can while looking after ourselves.

My children are always excited to go to creche and for me it is a big thing to have friendly staff help coordinate getting two small bodies into the biggest pram in the world in-and-out of the building.

I am happy to introduce Fremantle Women's Health Centre Annual Report 2019 and encourage you to read it.





A History of the Fremantle Women's Health Centre



1984
First meeting in Fremantle of women who formed the core group of MULTICULTURAL WOMEN'S HEALTH CENTRE with Ronelle Brossard coordinating.



1985
Clinical services started in rent-free space at Fremantle Migrant Resource Centre. Multi-lingual women doctors and volunteers deliver clinical sessions and translated health information

1988
Move to current location with the support of Fremantle community.



1989
Purchase of 114 South Street through WA Lotteries Commission funding. Aboriginal women aerobics and nutrition classes.



1991
Post Natal Depression services start.



1993
Psychological and Counselling support started.



1994
The first ethnic tapes project implemented: providing valuable health information from migrant women in their first language.



1995
Name change to FREMANTLE WOMENS HEALTH CENTRE acknowledging First Peoples and to be inclusive of women of all cultures and backgrounds



1996
Funding for the Alternative Birthing Program saw qualified midwives work with women either in their own homes, or in the place they choose.



1998
Aboriginal Women's Clinic and Women's Business Action Group opened a collaboration between Hilton Community Health (Fremantle Hospital) and FWHC.



1999
Portuguese Women's Group becomes established and twenty years later is still going strong.



2000
"Go - Between" High School program focusing on psychoeducation with young women, then facilitating evening events for their parents.



2001
Womens health physiotherapy offered



2005
Overeaters Anonymous support group started and is ongoing



2007
Fremantle Child Health Clinic working from centre



2010
Antenatal Anxiety group peer and psychoeducational support



2012
Partnership with Quarry Street Clinic to increase youth specific services



2013
Carers WA counselling commences



2014
Silver Chain Continence Service offered



2015
Active birthing classes introduced



2016
Collaboration with Fremantle Multicultural Centre to provide support for young migrant women at North Lake Senior Campus



2019
Mother Baby nurture attachment groups

What is women's health?

Ovarian problems Sexual function
 Relationships and intimacy Sexual abuse and assault
 Unplanned pregnancy management Fertility management
 Mental health issues Vaginal, vulva and cervical problems
 Sexually transmitted infections Promoting health and wellbeing
 Bone health **Women's Health** Urinary tract issues
 Chronic disease and ill health prevention Menstrual irregularities and concerns
 Cervical cancer screening
 Pelvic pain and discomfort Breast health awareness
 Contraception Sexuality and sexual identity
 Family & domestic violence Continence and prolapse
 Menopause management Pregnancy and follow-up
 Hormonal regulation and management



Our 2018 / 2019 Team as at 30 June 2019

Medical Practitioners	Jane, Diane and Jenny
Manager Clinical Services	Dawn
Clinical Nurses	Fran, Anna and Sandie
Senior Counsellors	Sian, Sally and Lisbeth
Reception and Administration	Ali and Mandie
Administration Assistant	Jessie
Creche Coordinator	Theresa and Kiera



Strategic Plan 2017-2020

Our Purpose

To improve women's health and wellbeing, prioritising the needs of women with the highest risk of poor health outcomes, through provision of services based on a social model of health.

Our Vision

Communities in which women are valued and enjoy physical and mental health and wellbeing.

Our Values

- Act with **INTEGRITY**, to encourage an environment of honesty and mutual trust.
- Be **WOMEN-CENTRED**, by respecting women's individuality, their family and group affiliations, and encouraging women to become equal and active partners in their health care.
- Be **RESPONSIVE**, by providing affordable services and facilitating equal access for all women regardless of age, ability, religion, culture, sexuality, or socio-economic circumstances.
- Show **COMPASSION** by caring, being empathic and providing a safe space for women.

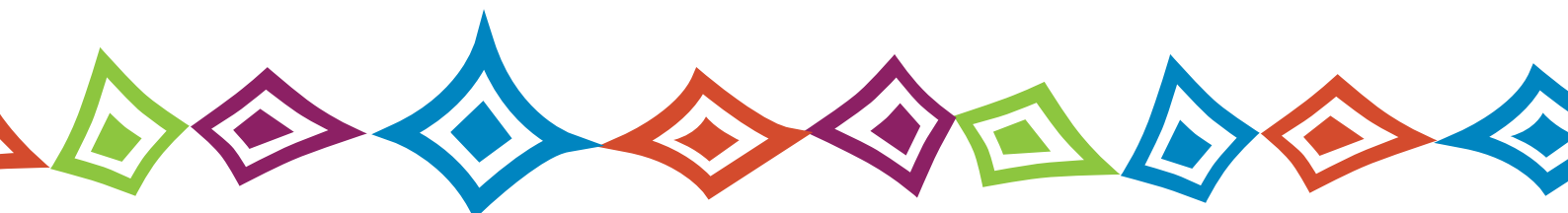
Goals

To be a leader in the provision of high quality, specialist health and wellbeing services, including health promotion, prevention and treatment, for women by women.

To provide a comfortable, friendly and professional setting, in which staff give time to listen and understand.

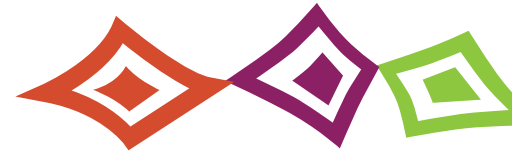
To deliver services with integrity, transparency, accountability and sustainability.

To be responsive to community needs.





Our Approach



Fremantle Women's Health Centre is part of the Women's Community Health Network which acts to improve women's health, safety and wellbeing across the state, using evidence-based practice. Services and activities at the Centre are based on the social model of health that acknowledges that health is determined by a broad range of social, environmental, economic, and biological factors, and these are further complicated by intersectional experiences. It recognises that differences in health status and outcomes are linked to gender, age, socio-economic status, race, ethnicity, sexuality, disability, and location.

The Centre operates with a multidisciplinary health approach promoting person-centred integrated, collaborative care, focusing on the needs of priority populations. Our activities also seek to support preventive and early intervention in mental health and wellbeing, including perinatal mental health.

Identifying and navigating life as a woman or femme- identifying individual is a key social determinant of health. Gender inequality negatively affects women throughout their life, their educational and training pathways, employment opportunities, work-life balance, economic security, social inclusion, and safety, and all of this impacts on health outcomes. In working towards improved health and wellbeing which includes sexual health and relates to social justice issues, it is important to acknowledge that women:

- Experience unique and disproportionately high levels of violence;
- Have different access to power and privilege; and
- Experience forms of discrimination such as racism, homophobia, classism and isolation and that these are forms of violence in themselves.

Particular groups of women are more at risk of poor health outcomes because of their life circumstances.

These include women on low incomes; Aboriginal women; culturally and linguistically diverse women; women who experience domestic and sexual violence; lesbian, bisexual and transgender women; and women with disabilities.

These women may experience multiple and intersecting forms of discrimination and disadvantage, placing them at greater risk of poverty, family violence, exclusion from economic and social participation, and ultimately poorer health and wellbeing.

There is evidence that in Western Australia:

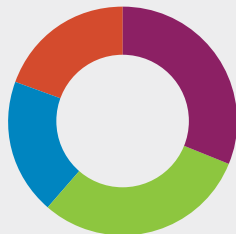
- Women experience the highest rate of sexual violence in Australia;
- Emerging issues relating to injuries acquired during sex, consent during sex, and normalisation of disrespectful attitudes and behaviours including harassment towards women;
- Women are more likely to report long-term mental health issues and higher levels of psychological distress than men;
- Women who are refugees or from culturally and linguistically diverse backgrounds have substantially raised levels of mental illness;
- Aboriginal Australian women have much poorer physical and mental health than other Western Australians;
- Lesbian, bisexual, and transgender women have significantly higher levels of psychiatric illness than cisgender and heterosexual women, as well as deliberate self-harm, and use of alcohol and other substances;
- Violence against women is associated with a range of physical, mental, and sexual and reproductive health problems; and
- Women and girls continue to experience the overwhelming burden of sexual and reproductive ill health when compared with men.

At FWHC, services are provided by female-identifying health professionals and support staff for women and their families, and services and resources are tailored for specific groups of disadvantaged women. Our services are personalised and holistic. We strive to establish a safe place where women are provided with adequate time to ensure their concerns are heard and their health needs are adequately and effectively met.



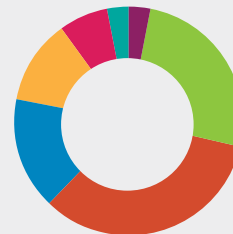
Community And Client Profile

Where do our clients live?



- City of Cockburn 31.3%
- City of Fremantle & East Fremantle 30.2%
- City of Melville 19.1%
- Other 19.4%

What is our client's age range?



- 10-19: 3.1%
- 20-29: 25.6%
- 30-39: 33.8%
- 40-49: 15.8%
- 50-59: 11.9%
- 60-69: 6.9%
- 70+: 2.9%

What do our clients think about us? 2019 Survey Results

265 clients completed the survey

The results indicate **99.6%** of respondents (243 out of 244).

92.6% who attended counselling or groups found it helpful in some way.

99.1% helped to some degree with health issues.

91.4% have better knowledge and/ or skills to improve health after visiting with doctor, nurse or counsellor.

95.9% are likely to very likely to return.

96.3% are likely to highly likely to recommend us.

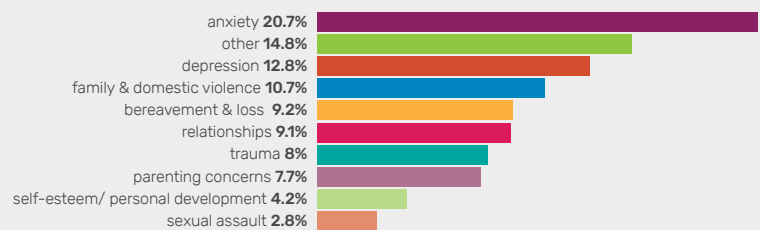
How many clients did we see?

1404 Total number of clients who saw a doctor

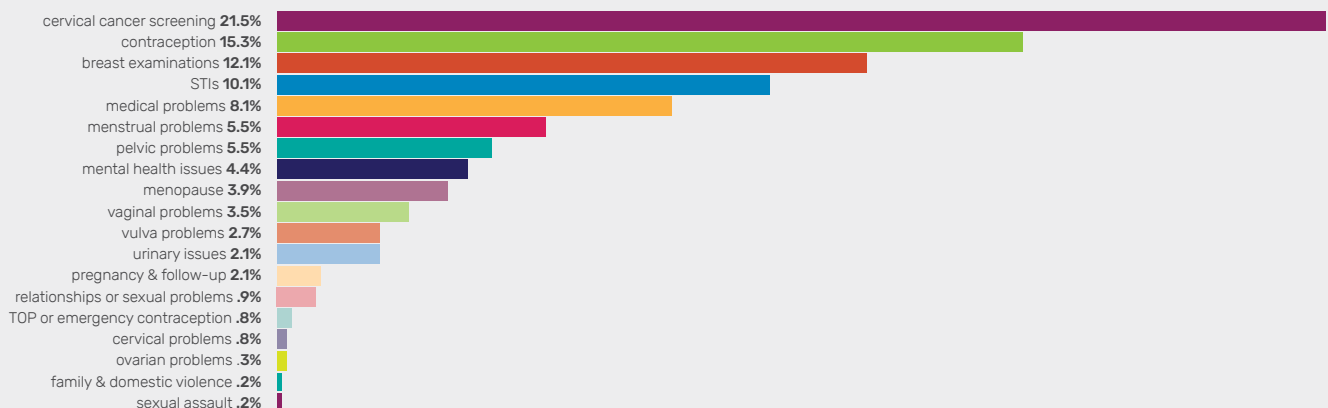
1110 Total number of clients who saw a nurse

206 Total number of counselling clients

Why did our clients see our counsellors?



Why did our clients see our doctors and nurses?





What Our Clients Say About Us

Survey Responses

"The doctor I saw was terrific. Down to earth and approachable."

"The doctor is excellent, really genuinely caring and takes the time to properly listen which is hard to find nowadays. Other doctors just feel like they rush you out of the door."

"Doctor always takes the time to listen and provide feedback for my questions."

"I'm transitioning from male to female, doctor very supportive staff treat me as a female."

"Nurse was excellent, very informative and thorough and also very caring."

"Great process, good opportunity to get niggly questions answered and have blood pressure etc checked."

"Really appreciate your counselling service, changed my life."

"Friendly helpful and patient. Receptionist is great at her job and very welcoming. Couldn't ask for better 5 stars. Excellent reception staff, very friendly and welcoming. Reception ladies were very nice."

"Creche - Very respectfully towards me and make me feel comfortable."

"This clinic and the services available to me have assisted me in managing my gynaecological issues. Thankyou sincerely for the opportunity to access these services."

"once again.. I would just love to share with yous, that i'm very very grateful for seeing yous, your sessions have helped my mantle health so much. thank you x"

"Highly recommend FWHC! They have always been amazing"

"I have been visiting clinic for 14yrs and appreciate management of menopause."

"I'm so grateful to have the FWHC it really has the kind of relaxed and inclusive atmosphere that makes uncomfortable topics and issues a whole lot easier to deal with."

"Doctor was so comforting, realistic, understanding, and most importantly honest. Best doctor I have ever seen in my life!"





Primary Health Care & Wellbeing

Lifestyle and Risk Factors

Our commitment: health promotion for women in the community which is age and culturally appropriate.

Some Highlights:

- Workshop for young women 15 – 25 at Youth Place for young people who are homeless, or at risk of homelessness and/or have socially isolated. This event was co-designed with FWHC Youth Ambassador and delivered with WAAIDS Council. Participant feedback: 'Loads of important and useful information', 'Very informative, with open, honest communication', 'Insightful, educational', 'Enjoyed all topics', 'There was great open, honest communication';
- workshop for women in Zonta Refuge with a focus on body autonomy and sexual health matters;
- City of Fremantle 'Secret Women's Business' over 55's health promotion on new cervical screening program; and
- collaboration with Breast Screen WA to get Aboriginal women carers to mammograms.



Sexual, reproductive and maternal health

Our commitment: appointments with doctors for cervical cancer, breast and sexually transmitted infection (STI) screening, contraception, and unplanned pregnancy counselling. Nurses provide cervical screening clinics, walk-in STI screening service and well women's checks and preventative plans.

Case study

Emily attended FWHC for a walk in STI screening appointment. A couple of days later Emily results returned positive for chlamydia. When she was phoned she was surprised by her results and asked if she could bring her current but new partner James to her follow up appointment, which was welcomed. When Emily and James returned for Emily's follow up appointment, Emily was given treatment and both were given appropriate information on the current infection and other STI's as well as the importance of contact tracing and ways to prevent future infections. Individual testing and treatment is very important, as being positive for one STI increases risk for another. To ensure that James also got the right testing and treatment, and to prevent reinfection for Emily we rang to South Terrace clinic in Fremantle to facilitate him attending an appointment the same day. Both Emily and James were able to access prompt treatment and prevent cross infection and reinfection as well as improve their health literacy in the area of STI's.



Social and Emotional Wellbeing

Our commitment: improving health and wellbeing outcomes by increasing access to culturally appropriate place-based primary care and counselling.

Some Highlights:

- City of Cockburn Coolbellup Hub outreach; and
- Hilton Child Health Aboriginal community and child health.

Counselling

Our commitment: counsellors provide short-term counselling for a range of issues such as mental health, perinatal anxiety and depression, relationships, family and domestic violence, bereavement and loss, sexual assault, trauma, self-esteem, and parenting. Services are funded by Mental Health Commission and Women and Newborn Health Service.

Feedback from our counselling clients *what has been helpful to you?*

- Listening and sharing
- Being able to discuss issues
- Having people to relate to
- An open non judgemental space to learn and discuss with others in the same situations
- For two hours every week I came along and my children were next door laughing and playing. I was able to know in the week at moments of stress that every Wednesday I had a safe place with support and relaxation
- Developed skill – Mindfulness, listening to others and meditation
- With all the help from FWHC, leaving a toxic abusive relationship was possible. My happiness along with my children's has sky rocketed. Confidence to just be myself in my own skin and know I am OK, have self love and enthusiasm, energy and zest for life!
- Sharing with others, listening and learning from others experiences, expression through the arts which is completely foreign to me
- I found having somewhere to go each week has helped my confidence with driving, taking my baby out with me. The therapy has helped strengthen my mental and emotional health
- I had lost some functionality with severe PND I feel a lot more confident in managing my life as I have practised going to group, the more I do the stronger I get. I now believe in myself that I can do what I need to do
- She (facilitator) has given me a new perspective on my problems and concerns. Knowing other mums have difficulties and have PND as well, I feel less stigma knowing I am not alone



Group work

Our commitment: collaboration with others to build safe spaces and co-facilitate groups and build peer relationships.

We provide:

- psychoeducation and peer support perinatal and infant anxiety group "Time Out for Mum's"
- WISE WOMEN fitness group over 50

We co-facilitate or host at the Centre:

- The Bump – Active Birth Workshops
- Playgroup WA – Mother-Baby Nurture groups
- Yoga worx – free classes for community
- City of Cockburn – "My Time Aboriginal Wellbeing carer's group"
- Women's Health and Family Services – MESH injured peer support group
- Portuguese women social and cultural connection peer group
- Overeaters Anonymous



FWHC through collaborations with the Community Bub, the Playgroup WA Mother Baby Nurture Group, their own Time Out for Mothers group and individual Perinatal counselling, provides a supportive environment for women through pregnancy, birth and early parenthood.

The Time Out For Mums group is an open ongoing group for Mothers of children under two years old, who have found the transitions and isolation after having babies challenging. A creche is provided and mothers have a space in which to focus on themselves, this is particularly important for those mothers in the community who have little or no support networks within the community. Other participants have been single parents, parents coping with transitioning relationships, coping with premature births, and parenting babies/children with special needs to name a few.

Activities within the group have addressed issues such as anxiety, postnatal depression, stress, isolation, selfcare, parenting and attachment, change, grief and loss and relationships with partner's and other significant people in their lives. These are addressed through the use of the arts, mindfulness, psycho education, strength based therapies. Some areas of need that directly or indirectly impact on participants mental health, are addressed by inviting other services to speak with the group for instance Financial counsellors, Cockburn Parenting, Connecting Community with Kids, Yoga practioners and a Physiotherapist. The participants are also given information about other services in the area to increase their support networks.

Outcomes

The group has provided a space in which some have transitioned from intensive individual perinatal counselling into the group and then coping outside often with the support continuing from their new network built whilst in participating in the group. **Of the women attending the group in the 2018-19 period, 9 women went on to part time work.**



Acknowledgements

We acknowledge and thank the following funders:

Women's and Newborns Health Service

Mental Health Commission

City of Fremantle

Stronger Communities Grant

We acknowledge the generosity
of donors and supporters:

Line Dancing for Charity

Soroptimist International Fremantle

Fremantle Men's Shed

Cities of Fremantle and Cockburn

We commend the following organisations whose
professional collaborations have benefitted our
service:

Beyond Interger (Accountants)

Cloud Connect (Information Technology)

Catching Thoughts (Graphic Design)



Our Board

Serving board members at 30 June 2019

We thank Board Members Nicole Jansen and Pippa Worthington who resigned and welcomed and new Board Members Winnie Lai Hadad and Gail Ross-Adjie.

Jennie Gray, Acting Chairperson

Joined 2015

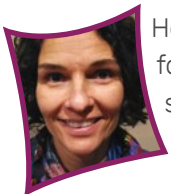


Jennie is the Deputy CEO of WACOSS. Previously she was the Regional Manager, South Metro, Anglicare WA, and Anglicare WA's Regional Manager, North West, based in Broome. She has also worked in a range of other policy development, and service coordination and provision roles, including various positions in the women's health sector in Perth. In addition to a Bachelor of Social Work, Jennie has a Doctorate of Philosophy, *Living with a label: An action oriented feminist inquiry into women's mental health.*

Jennie joined the Board because she believes strongly in local, community driven services and is particularly passionate about making sure that the needs of women and children are met. Jennie combines her work with the needs of her family.

Chelsea McKinney, Deputy Chairperson

Joined 2017



Chelsea is the Manager of Systemic Advocacy at the Western Australian Association for Mental Health and has a long career in advocating for social justice in the context of community services. She has a Masters in Community Development and Management, and has also worked in family and domestic violence services, disability and child protection prevention.

Chelsea joined the board because she believes passionately in the protection and development of safe women-only and women-led services, and in the contribution to community that small local services bring. She is pleased to have this opportunity to contribute to women's health, wellbeing and empowerment.

Winnie Hadid, Treasurer

(elected treasurer February 2019)

Joined



Winnie was born in Hong Kong and educated in Hong Kong, Malaysia, Melbourne and Perth. She is a qualified lawyer, Certified Practising Accountant, Mineral Economist, a wife and mum. Her Bachelor qualifications include Juris Doctor, Arts, Commerce and a Master in Science (mineral economics).

Winnie has worked in the resources, finance, logistic, and manufacturing industries. She has expertise in change management, corporate governance and business process improvement.

She holds Graduate Diplomas from both the Institute of Company Director (MAICD) and Corporate Governance of Australia. Winnie is a Non Executive Director (NEDs) for Listed, unlisted and Not-for profit Boards. Winnie is particularly proud to be a Board member and Treasurer at Fremantle Women's Health Centre.

Melissa Edwards, Secretary

Joined 2015



Melissa completed a Social Work Degree after completing a Bachelor of Arts and a Post Graduate Diploma in Aboriginal and Intercultural Studies. Melissa is currently the Professional

Lead for Social Work at Fiona Stanley Hospital and has worked in the hospital setting for the past 10 years, primarily in the areas of Women's and Children's Health. Melissa joined the board to contribute to a service that promotes the health and wellbeing of women in all their diversity. Melissa is also grateful for the opportunity to learn from other women.



Tracey Ford, Member

Joined 2016

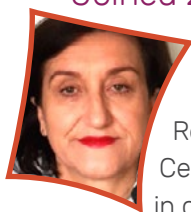


Tracey is a graduate of the Australian Institute of Company Directors (AICD) and an experienced, commercially astute and CPA qualified accountant with a strong corporate governance focus.

Tracey has held management positions for over 20 years, including CFO for over 13 years, and acting CEO roles, predominately in the not-for-profit sector in both employment services and health services. She has an excellent understanding of financial and non-financial information, risk management and reporting requirements for the Board to strategically plan and make well informed decisions, for both the expansion of services and continued strong long-term financial sustainability.

Marina Korica, Member

Joined 2016



Marina works as Manager of Mental Health Access Service for Migrants and Refugees at the Fremantle Multicultural Centre and has extensive experience in community and health sectors. She holds a Bachelor of Social Science and a Postgraduate Certificate in Women's Health.

Marina is passionate about mental health, social justice, human rights and supporting the most marginalised people in the community. She is proud to be part of Fremantle Women's Health Centre and is keen to contribute to the great work of the organisation.

Elizabeth Connor, Member

Joined 2017



Elizabeth is a medical doctor with experience in clinical practice and non-clinical public health policy, research and advocacy. She currently works in the community mental health sector in the area of systemic advocacy, and is completing a Graduate Diploma of Public Health. She has previously completed a Bachelor of Medicine/ Bachelor of Surgery and a Bachelor of Arts.

Elizabeth has a special interest in health literacy and ethics in relation to public health. She joined the Board to continue her contribution to public health and the health of the community, especially women.

Emma O'Hara, Member

Joined 2017



Emma is a medical student at the University of Notre Dame Fremantle and has a professional background in the community services sectors. Her career experience extends to working in disability, drug and alcohol, mental health, aged care, family and domestic violence, Aboriginal health and foster care services. Emma previously completed a Bachelor's Degree in Human Biology, and a Master's Degree in Human Rights at Curtin University.

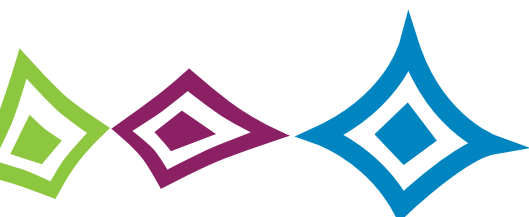
Emma is a passionate advocate for women's health and human rights, and is grateful for the opportunity to pursue these interests through an innovative and vital organisation, which works to improve the lives of women in the local community.

Gail Ross-Adjie, Member

Joined 2018



Gail is a registered nurse with a background in critical care and emergency who completed her PhD in 2013 at the University of Notre Dame Fremantle. She believes that quality, respectful health care is a fundamental right for all women and is delighted to be able to support the Fremantle Women's Health Centre in a meaningful way.





CONCISE FINANCIAL STATEMENTS

A budget surplus for 2018/19 was achieved and the Auditor's governance and management letters confirmed appropriate and effective governance and financial processes are in place.

**AUSTRALIAN
AUDIT** 

DIRECTORS:

ROBERT CAMPBELL CA, CPA, RCA, MSW

VIRAL PATEL CA, CPA, FCCA (UK), RCA

ALASTAIR ABBOTT CA, RCA, M.FORENSIC ACCOUNTING

Fremantle Women's Health Centre

ABN: 57 537 630 653

Abridged audit report

For the Year Ended 30 June 2019

Scope

I have audited the abridged financial report of Fremantle Women's Health Centre for the year ended 30 June 2019 as set out on the following page in accordance with Australian Auditing Standards.

Audit Opinion

In my opinion, the information reported in the abridged financial report of Fremantle Women's Health Centre is consistent with the annual general purpose financial report from which it is derived and upon which we expressed an unqualified audit opinion in our report to the members. For a better understanding of the entity's financial position and performance, as represented by the results of its operations and its cash flows for the year, and the scope of our audit, this report should be read in conjunction with the annual general purpose financial report and our audit report.



Robert John Campbell CPA CA
Registered Company Auditor No. 334773
Australian Audit Pty Ltd
Level 8, 251 St Georges Terrace , Perth WA 6000

DATE: 3 October 2019

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Abridged financial report for the year

"STATEMENT OF FINANCIAL POSITION AS AT 30 JUNE 2019"			STATEMENT OF PROFIT OR LOSS AND OTHER COMPREHENSIVE INCOME FOR THE YEAR ENDED 30 JUNE 2019		
	2019	2018		2019	2018
	\$	\$		\$	\$
CURRENT ASSETS					
Cash assets	627,173	571,777	Operating income	47,306	44,502
Receivables	5,797	5,457	Grants	588,117	589,875
TOTAL CURRENT ASSETS	632,970	577,234	Client Contributions	178,357	187,654
NON CURRENT ASSETS			Fundraising	10,143	13,203
Property, Plant & Equipment	855,695	848,968	Investment income	6,032	17,351
TOTAL NON CURRENT ASSETS	855,695	848,968	Employment expenses	(663,332)	(663,952)
TOTAL ASSETS	1,488,665	1,426,202	Program expenses	(40,637)	(34,317)
CURRENT LIABILITIES			Administration expenses	(78,660)	(108,733)
Payables	73,356	47,699	Property expenses	(21,196)	(26,784)
Provisions	53,096	37,669	Depreciation	(7,404)	(8,321)
TOTAL CURRENT LIABILITIES	126,452	85,368	Other expenses		(5,473)
NON CURRENT LIABILITIES			PROFIT/(LOSS)	18,726	5,005
Provisions	10,884	8,231	Income Tax Expense		
TOTAL NON CURRENT LIABILITIES	10,884	8,231	Capital grants		4,873
TOTAL LIABILITIES	137,336	93,599	Other Comprehensive Income		
NET ASSETS	1,351,329	1,332,603	Gain on revaluation of land and buildings		642,870
EQUITY			Total changes in equity	18,726	652,748
Retained Earnings	415,832	397,106	STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 30 JUNE 2019		
Reserves	935,497	935,497	Cash flows from Operating Activities		
TOTAL EQUITY	1,351,329	1,332,603	Receipts from operations	849,577	830,158
STATEMENT OF CHANGES IN EQUITY			Payments to suppliers and employees	(786,082)	(849,613)
Beginning Equity	1,332,603	679,855	Net cash generated by (used in) operating activities	63,495	(19,455)
Beginning Retained Earnings	397,106	641,482	Cash flows from Investing Activities		
Profit/(Loss) for the year	18,726	652,748	Purchase property, plant & equipment	(14,131)	(17,467)
Transfers to reserves		(897,124)	Interest received	6,032	17,352
Closing Retained Earnings	415,832	397,106	Receipts from capital grants		4,873
Beginning Reserves	935,497	38,373	Net cash generated by (used in) investing activities	(8,099)	4,758
Transfers from retained earnings		897,124	Cash flows from Financing Activities		
Closing Reserves	935,497	935,497	Net cash generated by financing activities	-	-
Closing Equity	1,351,329	1,332,603	Net increase/(decrease) in cash held	55,396	(14,697)
			Cash at beginning of financial year	571,777	586,474
			Cash at end of financial year	627,173	571,777



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