

# **VISION**

Women enjoy gender equality and good health

## **PURPOSE**

Be a welcoming place where women learn to prioritise their health and wellbeing to live better lives

## VALUES OUR BELIEFS AND BEHAVIORS

#### INTEGRITY

We are open, honest and accountable and work hard to develop relationships built on mutual trust with all our clients.

## **WOMEN-CENTRED**

We are dedicated to providing women-centred care, valuing individual needs and expectations to work with clients as equal partners in their own wellbeing.

### **INCLUSIVENESS**

We are an accessible centre for women who face barriers to good healthcare.

### **COLLABORATION**

We work alongside our clients, carers and partners within the community to provide high quality health and wellbeing services

## FOCUS AREAS OUR BELIEFS AND BEHAVIORS

## **POSITIVE MENTAL** WELLBEING

Support positive adjustment to parenting during the first 1000 days and offer recovery led services with women aged 16 years and over.

## **WOMEN'S SEXUAL AND REPRODUCTIVE HEALTH**

Working to prevent, screen and provide early intervention to improve health outcomes.

## **GENDERED VIOLENCE**

Normalising conversations about the impact of gendered violence and supporting healthy relationships.

## **ECONOMIC INSECURITY**

Prioritising women who cannot access fee-for-service. Empower, encourage and support women experiencing economic insecurity to better manage their own health-care needs.

# STRATEGIES & PRIORITY ACTIONS ACTIONABLE FOCUS AREAS TO ACHIEVE OUR VISION

#### **EMPOWER WOMEN**

Empower women in our community to be experts in their own health and wellbeing.

- Use an outreach model to reach priority populations
- Provide and encourage early screening and prevention activities
- Work with clients and carers to ensure they are an active participants in their own health and wellbeing

## **QUALITY SERVICES**

Recognised as a leader in the delivery of quality, integrated women centred services.

- Implement new integrated service of care model.
- Support new, emerging and diverse leaders in women's health through placement, internship and volunteering opportunities
- Collaborate with others to provide culturally secure and relevant health pathways.

### STRENGTHEN OUR **ORGANISATION**

#### **Grow and ensure sustainability with** strong governance

- Grow our capacity to assist more women in partnership with others.
- Increase and diversify revenue streams to expand our ability to provide excellent care to women.
- Spread our reach and services through partnership and co-location opportunities

## **EVIDENCE BASED**

#### Committed to innovation and a deliberate and sustained learning culture

- Develop a continuous improvement culture led by an evidence based approach.
- Increase knowledge base of emerging and contemporary practice to ensure our clients have access to the best health care.
- Advocate for and promote systemic change to improve women's health outcomes

114 South Street, Fremantle PO Box 8014, Hilton WA 6163

Phone 9431 0500 Fax 9430 7862

enquiries@fwhc.org.au www.fwhc.org.au